23rd Annual WISDM Leadership Conference

**Pursuing Leadership through Academic Service**

To register:  www.cme.vcu.edu (best viewed using Google Chrome)

**Friday, April 24, 2015**

12 noon - 5:30 p.m.  
(11:30 a.m. registration)

Jonah L. Larrick Student Center, MCV Campus  
900 Turpin St., Richmond, VA

Sponsored by

VCU School of Medicine  
VCU School of Dentistry  
VCU Health System  
McGuire Veterans Affairs Medical Center
Conference Agenda

Pursuing Leadership Through Academic Service

Friday, April 24, 2015

LARRICK STUDENT CENTER, MCV CAMPUS

11:30 Registration, check-in
Visit the Exhibits
  • Women in Science Organization (WIS)
  • Barnes and Noble @ VCU – Books will be available for purchase
  • Inter Health Professionals Alliance (IHPA)

Pre-Function Hallway
Court End Ballroom

12:00 Welcome and Announcements
Julie Mayglothling, MD, FACEP, President, WISDM
Court End Ballroom

12:15 Lunch and facilitated table discussion
Facilitator: Sarah Bedard Holland, MS
Reflecting on the Role of Academic Service in Your Career

By the end of this session, participants will be able to:

• Reflect on what “academic service” means to you
• Describe the current role of service in your professional and personal life
• Consider how service can enhance your professional advancement

Court End Ballroom

1:15 KEYNOTE ADDRESS
Pursuing Leadership Through Academic Service
Rosemarie Fisher, MD, Director of Graduate Medical Education, Yale-New Haven Hospital,
Associate Dean, Graduate Medical Education, Yale University School of Medicine
Court End Ballroom

By the end of this session, participants will be able to:

• Explain the meaning of “academic service”
• Describe how your role in “academic service” can enhance your leadership skills
• Identify how your role in “academic service” can enhance your promotion possibilities

2:15 Break

2:30 WISDM PROFESSIONAL ACHIEVEMENT AWARDS
Moderator: Julie Mayglothling, MD, FACEP

• VCU School of Medicine
• VCU School of Dentistry

Special Recognition: Jerome Strauss, III, MD, PhD, Interim Vice President for Health Sciences;
Interim Chief Executive Officer, VCU Health System; Dean, VCU School of Medicine and
Executive Vice President for Medical Affairs, VCU Health System
David Sarrett, DMD, MS, Associate Vice President, Faculty Affairs; Professor and Dean,
VCU School of Dentistry
Julie Beales, MD, Chief of Staff, Hunter Holmes McGuire VA Medical Center
PonJola Coney, MD, Senior Associate Dean for Faculty Affairs, VCU School of Medicine
3:00  **CONCURRENT WORKSHOPS**  
Indicate your “1st” choice and “2nd” choice on the Registration Form

A.  **Self-Awareness in Leadership**  
    *Churchill Boardroom*  
    Jean B. Gasen, PCC, PhD  
    By the end of this session, participants will be able to:  
    • Make sense of who you are as a leader and what you value  
    • Associate your vision, values and passion to future leadership growth and success  
    • Become more aware of yourself as a leader and how this awareness has the potential to give you a more effective and authentic presence as a leader  
    • Identify what you need to do to grow your skills and capabilities as a leader, based on your self-awareness

B.  **How to Have a Successful Career and a Healthy Life**  
    *Jackson Ward A*  
    Margaret Rittenhouse, LCSW  
    By the end of this session, participants will be able to:  
    • Determine your philosophy of success and how you execute that in your life  
    • Make sense of and change the “Be-Do-Have” paradigm  
    • Examine 10 scientifically proven skills to deal with stress

C.  **“Oh the Places You Will Go”**  
    *Jackson Ward B*  
    Career Development:  Moving from Passive to Active  
    Elizabeth “Betsy” Ripley, MD, MS  
    This interactive workshop is geared to help you examine your career and hopefully leave with a renewed excitement of where you are heading. By the end of this session, participants will be able to:  
    • Compare and contrast your “job” and your “career”  
    • Utilize the VCU P and T Guidelines to determine your current status and future goals  
    • Utilize tools to monitor your career activities  
    • Set and (re)evaluate monthly, yearly, and 5-year career goals

D.  **Lead...Coach...Mentor...Teach: Understanding Your Leadership Style with the Myers-Briggs Type Indicator (MBTI®)**  
    *Court End Ballroom*  
    Teresa Carter, EdD  
    By the end of this session, participants will be able to:  
    • Describe how personality preferences, as measured by the Myers-Briggs Type Indicator, influence leadership in the workplace  
    • Identify a personal approach to leading, coaching, mentoring, and teaching that makes the most of innate personality preferences  
    • Gain awareness of the strengths and limitations of each MBTI personality preference so that the participant can build upon strengths for a more successful career

4:30  **RECEPTION: Refreshments and Networking**  
    (turn in evaluations)  
    *Court End Ballroom*

5:30  Conference adjourns
Program Description

This program promotes professional development of leadership skills, communication, and personal growth through leadership self-awareness, career development, and work-life balance. We welcome men and women physicians, dentists, scientists, postdocs, fellows, administrators and other health care professionals across the VCU Medical Center, VAMC, Inova Campus and beyond and other community leaders. In addition, the conference provides an opportunity to network with other professionals and share advice and experiences. We sincerely hope you will join us for this unique opportunity.

Conference Goal

At the conclusion of this activity, participants should be better able to:

• describe how your role in “academic service” can enhance your leadership skills
• make sense of who you are as a leader and what you value
• set and (re)evaluate monthly, yearly, and 5-year career goals
• discuss ten scientifically proven skills to deal with stress
• identify a personal approach to leading, coaching, mentoring, and teaching that makes the most of innate personality preferences

Please see the workshop educational objectives specific to each session.

Conference Registration & Parking

Registration fee is $45.00. Registration fee paid with WISDM membership fee is $65; regularly $75. Trainees fee is $25 (medical, graduate, and dental students, residents, postdocs, fellows). A limited number of scholarships are available for School of Medicine trainees and School of Dentistry students, for more details see scholarship information below. Registration fee includes tuition, program materials, transcript of credit hours, coffee breaks, lunch, and reception. Registration fee, less $20.00 nonrefundable administrative fee, will be refunded only if written notice of cancellation is received on or before Monday, April 20, 2015. Fax your written cancellation notice to UHS-PEP at 804/828-7438.

Valet parking is available for $5.00 on the MCV Campus at the Gateway Bldg. (1200 E. Marshall St.) and North Hospital (1300 E. Marshall St. - catty-corner to Egyptian Bldg.). Parking fee is paid at time of parking. Self parking, subject to availability, is at the 8th St. Parking Deck (659 N. 8th St., near Larrick Center), $3.50 for faculty, staff, and students with I.D. and $5.00 for guests.

Accreditation & Credit Statement

University Health Services Professional Education Programs (UHS-PEP) of Virginia Commonwealth University Health System is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UHS-PEP designates this live activity for a maximum of 3.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This continuing education activity meets the criteria of Virginia Commonwealth University and the Southern Association of Colleges and Schools. 0.3 CEUs will be awarded and recorded with the University.

VCU School of Dentistry continuing education credit is pending.

Scholarships

Scholarships for School of Medicine trainees include medical and graduate students, residents, postdocs, and fellows. Availability and receipt of a scholarship for registration fee is on a first-come, first-serve basis. All scholarship requests must be sent to Debbie Stewart, dstewart@vcu.edu. You will receive an email concerning the status of your request.

Scholarships for School of Dentistry students, please contact School of Dentistry, Cindy Cheely, Executive Administrative Assistant, Student Services, cmcheely@vcu.edu; 828-9953.
Rosemarie L. Fisher, M.D., received her M.D. from Tufts University School of Medicine; completed residency in Internal Medicine at Montefiore Medical Center, Bronx, NY; and trained in gastroenterology at the Royal Free Hospital, London and Yale University. She joined the faculty of Yale School of Medicine in 1975; served as Chief of GI at the VAMC, West Haven, CT from 1977-87; Program Director for Internal Medicine at Yale in 1987-98 and is presently Professor of Medicine and Director/Associate Dean of GME at Yale-New Haven Hospital and Yale University School of Medicine. Her clinical interests include nutrition support, malnutrition, inflammatory bowel disease and irritable bowel syndrome. She has served on multiple editorial boards, and is presently an Assistant Editor of the Journal of Clinical Gastroenterology. She is a member of the American Gastroenterology Association, the American Association for the Study of Liver Disease, the American College of Gastroenterology (including being a past Trustee) and the American Society for Parenteral and Enteral Nutrition. She has also served as a member of the Council of the Association of Program Directors of Internal Medicine (APDIM); a member and Chair of the Group on Resident Affairs of the AAMC; a member and Chair of the Internal Medicine Residency Review Committee of the ACGME; and a member of the ACGME Board of Directors. She is presently Chair of the Council of Faculty and Academic Societies of the AAMC and sits on the Board of the AAMC. She has served as a member and Chair of the GI Drugs Advisory Committee of the FDA and the Gastroenterology Section of the ABIM. In 1996, she was awarded the Janssen Award for Outstanding Achievement in Clinical Gastroenterology, and in 2006, was one of two recipients of the first ACGME “Courage to Lead” Awards. She was one of the “2008 Outstanding AGA Women in Science”. She has been awarded the Dema Daley Founder’s Award of APDIM. She serves on the Governor’s Council of the Connecticut Chapter of the ACP. She is a fellow of the ACP and the ACG. Dr. Fisher has served as a visiting professor at over 20 different institutions, published more than 100 articles, chapters, editorials and abstracts and given over 300 invited presentations.

Presenter & Conference Planning Committee

**KEYNOTE AND WORKSHOP PRESENTERS**

Teresa Carter, EdD  
Associate Dean for Faculty Development  
Office of Faculty Affairs  
VCU School of Medicine

Rosemarie Fisher, MD  
Associate Dean of Graduate Medical Education  
Yale University School of Medicine  
Director of Graduate Medical Education  
Yale-New Haven Hospital

Jean B. Gasen, PCC, PhD  
Executive Director  
Center for Corporate Education  
VCU School of Business Foundation

Sarah Bedard Holland, MS  
Executive Director  
Virginia Oral Health Coalition (VaOHC)

Elizabeth “Betsy” B. D. Ripley, MD, MS  
Professor of Medicine, Division of Nephrology  
Eminent Scholar Nephrology  
Associate Chair, Internal Medicine Faculty Development  
VCU Clinical Research Compliance Officer and VCU IRB Senior Chair

Margaret Rittenhouse, LCSW  
Behavioral Health Counselor  
Clinical Director of HelpLink Employee Assistance Program  
Department of Psychiatry  
VCU School of Medicine.

**CONFERENCE PLANNING COMMITTEE**

Tegwyn Brickhouse, DDS, PhD  
Teresa Carter, EdD  
Elizabeth Do  
Carolyn Graham, PhD  
Kim Isringhausen, BSDH, RDH, MPH

Lenore Joseph, MD  
Julie Mayglothling, MD  
Rebecca Pousson, RDH, MBA  
Kimberly Sanford, MD  
Allison Vanderbilt, EdD

**CONFERENCE MANAGER:**

Deborah Stewart, BIS  
SOM, Office of Faculty Affairs, dstewart@vcu.edu

**WOMEN IN SCIENCE, DENTISTRY, AND MEDICINE**

Established in 1992, the purpose of the Women in Science, Dentistry, and Medicine (WISDM) Faculty Organization is to further the professional goals of women physicians, dentists, scientists and others at the VCU Schools of Medicine and Dentistry, the VAMC, and across the VCU Health System. As a sponsor of forums for open communication, the organization facilitates networking, mentoring and collaboration among women faculty, housestaff, postdocs, medical, dental, and graduate students. All women faculty (clinical, basic sciences, administrative, full-time, part-time, any rank), students, housestaff, fellows, and post-docs in the VCU Schools of Medicine and Dentistry are considered members of WISDM and invited and encouraged to participate in any and all programs. Our alumni, retired faculty, men colleagues, and other health professionals are welcome to participate. For more information about the WISDM Faculty Organization, please contact Julie Mayglothling, MD, President, 827-2409, or visit us at our website http://www.medschool.vcu.edu/wims/index.html. We welcome your participation!
VCU SCHOOL OF MEDICINE

From our beginnings in 1838 to today, as part of a thriving urban comprehensive academic medical center, the VCU School of Medicine has maintained a reputation for excellence in teaching, research and health care. Over 809 students each year from around the world come to our School to pursue their M.D. and learn from our renowned faculty, many nationally and internationally recognized, who represent more than 200 specialty areas. The School also offers dozens of master’s, doctoral and interdisciplinary programs in graduate education as well as a graduate certificate program for students seeking admission to physician training. These programs enroll a total of over 500 advanced degree students annually. The School accounts for almost half of VCU’s sponsored research awards and over two-thirds of the university’s National Institutes of Health funding. As part of the VCU Medical Center, the School provides innovative care to patients from across Virginia and neighboring states. Women faculty account for 38% of all full-time faculty, higher than the national average, and chair 5 of 28 departments. Among medical students, 47% are women, and among graduate students well over 50% are women.

VCU SCHOOL OF DENTISTRY

The VCU School of Dentistry is a public, urban, research dental school, supported by Virginia to serve the people of the state and the nation. The school’s mission is to provide educational programs that prepare graduates who are qualified to provide dental care services; generate new knowledge through research and other scholarly activity; and provide quality oral health care to the public and service to the community. The School is the only dental school in the Commonwealth and has a long history of educating practitioners capable of meeting the oral health care needs of the communities they serve. Since the early 80s, more women have been entering dentistry in Virginia and across the U.S. In the fall of 2014, 50% of our 405 dental students were women. Of the 97 full-time dental school faculty, 38% are women. The School is pleased to join as a conference sponsor to promote professional development and career advancement of our faculty, students, and community practitioners.

VCU HEALTH SYSTEM

VCU Health System (VCUHS) has a proud history of providing world-class health care, conducting cutting edge research and educating the next generation of health care professionals. In 2014, we logged 86,707 Emergency Department visits and more than 625,000 outpatient clinic visits. VCUHS is comprised of an 800-strong physician practice, numerous outpatient clinics — located from Petersburg to Fredericksburg to Williamsburg — and our hospital, which has 1,125 beds. We are a regional referral center for the state and the region’s only Level I Trauma Center. In 2014, we added 800+ team members from VCU Community Memorial Hospital (CMH) to our growing family. And we include Children’s Hospital of Richmond at VCU (CHoR), central Virginia’s only comprehensive, full-service hospital dedicated to the care of children. CHoR also is Virginia’s only Level 1 pediatric trauma center and offers the region’s only pediatric emergency department.

From the latest technological advances in medicine, to information systems and nutritional services, the professional environment at VCUHS is defined by principled leadership and a tradition of caring that is demonstrated in everything we do. Below are some of our recent accomplishments:

- In 2014, the American Hospital Association (AHA) recognized Virginia Commonwealth University Medical Center with its top honor for leadership and innovation in safety and quality improvement. VCU Medical Center was selected as the 2014 recipient of the AHA-McKesson Quest for Quality Prize® in part because of training that resulted in a 50 percent reduction in serious safety hospital events, an electronic early warning system that alerts caregivers in real time of a patient’s declining health status and a community clinic that has enhanced care management and care coordination for the sickest, poorest patients.

- In 2014, VCU Medical Center was ranked as the best hospital in the Richmond Metro area by U.S. News & World Report, for the fourth consecutive year. And our adult nephrology program ranked 44th in the country in the nephrology specialty’s top 50 list. In addition, we received “high performing” designations in the following areas: cancer; cardiology and heart surgery; diabetes and endocrinology; ear, nose and throat; gastroenterology and gastrointestinal surgery; geriatrics; neurology and neurosurgery; orthopedics; pulmonology; and urology. U.S. News & World Report also ranked CHoR No. 28 in nephrology in the 2014-15 Best Children’s Hospitals rankings.

- And, in 2014, VCU Medical Center was proud to possess more Beacon-designated units than any other hospital or health system in the country. As of January 2015, these units include: Acute Care Surgery (gold), Cardiac Surgery Intensive Care Unit (gold), Hume-Lee Transplant Center (silver), Medical Psychiatry (bronze), Newborn Intensive Care Unit (gold), Orthopaedic Surgery (gold), VCU Massey Cancer Center Bone Marrow Transplant Unit (silver) and the Women’s Surgical Care Wing (gold).

MCGUIRE VETERANS AFFAIRS MEDICAL CENTER

McGuire’s WISDM members are committed to advancing the professional aspirations of women in health care. McGuire is proud of the strong representation of women in key leadership positions in the institution, including the Chief of Staff and multiple other departmental and board chairperson positions. The medical center, in Richmond, Virginia, and its three satellite clinics (in Fredericksburg, Charlottesville, and Emporia) serve a population of over 200,000 Veterans. We are a 427-bed medical center offering primary to tertiary health care in medicine, surgery, neurology, women’s health care, psychiatry, rehabilitation medicine, dentistry, skilled nursing home care, and palliative care. McGuire houses one of VA’s five Polytrauma Rehabilitation Centers caring for wounded military personnel from the Iraq and Afghanistan conflicts and one of VA’s six Parkinson’s Disease Research, Education and Clinical Centers (PADRECC) with special expertise in deep brain stimulation techniques. McGuire also supports the largest of the 23 Spinal Cord Injury & Disorders Centers and an active heart transplantation program for over 30 years. More than one thousand trainees in multiple disciplines rotate through McGuire annually. The McGuire Research Institute, an award winning program for clinical and basic science research, is a proud sponsor of this year’s WISDM spring conference.
**Course Registration Form**

DCA 32121 3.5

23rd Annual Women in Science, Dentistry, & Medicine Leadership Conference
Friday, April 24, 2015; Larrick Student Center, MCV Campus

If paying by credit card, mail or fax your registration to:

VCU Continuing Medical Education
UHS PEP
c/o Registrar, P.O. Box 980048
Richmond, VA 23298-0048
Phone: 804/828-3640 FAX: 804/828-7438
Register online: www.cme.vcu.edu (best viewed in Google Chrome)

Please PRINT or type information as you would like it to appear on your name badge.

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Will you attend the Lunch and Facilitated Table Discussion 12:15 - 1:15 pm: Yes ____    No ____

Concurrent Workshops 3:00 - 4:30 pm
(Place “1st” and “2nd” in blanks to indicate your choice of workshops)

A______ B______ C______ D______

Will you attend the Reception 4:30 - 5:30 pm: Yes ____    No ____

Registration Fee: ____ $45 (physicians, faculty, staff) ____ $65 (registration fee plus WISDM membership fee with discount; regularly $75) ____ $25 trainees (medical, dental, and graduate students, postdocs, residents, fellows)

Total amount enclosed ....... $________

**Note:** Limited number of SOM trainee scholarships available, contact Debbie Stewart, dstewart@vcu.edu, for availability.

School of Dentistry scholarships contact: Cindy Cheely, cmcheely@vcu.edu.

Please specify any dietary restrictions, i.e., vegetarian, etc. __________________________________________________

Paying by check, mail registration form and check to: (check payable to: UHS-PEP)

VCU CME UHS-PEP
P.O. Box 980048, Richmond, VA 23298-0048; fax: 804-828-7438

Paying by credit card, mail or fax to VCU CME at VCU address or fax above

CREDIT CARD INFORMATION: Please circle: Master Card Visa American Express Discover

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VCU is an equal opportunity/affirmative action employer. If need special accommodations, contact Debbie Stewart, 828-6591, dstewart@vcu.edu.
WISDM Executive Council

EXECUTIVE COMMITTEE

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Associate Professor of Emergency Medicine, SOM

Tegwyn Brickhouse, DDS, PhD
President-Elect, WISDM Faculty Organization
Chair of Pediatric Pedodontics
Associate Professor of Pediatric Dentistry
VCU School of Dentistry (SOD)

Amelia Grover, MD
Immediate Past-President, WISDM Faculty Organization
Assistant Professor of Surgery, School of Medicine (SOM)

Kimberly Sanford, MD
Treasurer, WISDM Faculty Organization
Assistant Professor of Pathology, SOM

Allison Vanderbilt, EdD
Immediate Past-President, WISDM Faculty Organization
Assistant Professor of Assessment and Evaluation, Center on Health Disparities

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Professor of Biochemistry and Molecular Biology
Associate Dean, Graduate Education, SOM

Rita Shiang, PhD
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Associate Professor of Human and Molecular Genetics, SOM

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Assistant Professor of Surgery, SOM

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Assistant Professor of Pathology, SOM

WISDM REPRESENTATIVES

B. Ellen Byrne, DDS, PhD
Professor of Dentistry
Senior Associate Dean
VCU School of Dentistry

Maria Curran, MA
Associate Professor of Human Resources
VCU Health System

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PonJola Coney, MD
Senior Associate Dean
Office of Faculty Affairs, SOM

Teresa Carter, EdD
Associate Dean for Professional Instruction and Faculty Development
Office of Faculty Affairs

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* Cecelia Boardman, MD * Bela Sood, MD, MHA * Joann Bodurtha, MD, MPH * Lenore Buckley, MD, MPH * Karen Sanders, MD *
Dawn Mueller, MD * Wendy Klein, MD